



Western University  
Faculty of Health Sciences

KIN 1060A | HS 1300A | HS 2300A | NUR 1330A

## Systemic Approach to Functional Human Gross Anatomy

Fall 2024

Welcome to Functional Human Gross Anatomy! Our teaching team is delighted to have you join us this term. In this course, we will focus on learning the basics of human anatomy, with specific attention to the musculoskeletal (muscles and bones), nervous (brain, spinal cord, and neurons), cardiovascular (heart and vessels), and respiratory (lungs and breathing) systems. Anatomy is a fundamental discipline that will support your understanding of core concepts related to health and disease in your degree ahead. The course is cumulative, and voluminous in nature, so we encourage you to stay involved, ask questions, and participate as much as possible – be sure to complete the online lecture modules before coming to your lab section. We look forward to meeting you soon!

### Course Learning Outcomes:

By the end of this course, a successful student should be able to:

Communicate the locations, functions, and movements of structures using correct anatomical terms.

Use pictures

Lectures







## Contacting Us:

We look forward to meeting you this term and supporting your learning throughout. Here are some tips for connecting with us and getting your questions answered.

### Etiquette

Your course coordinator/instructor prefers to be addressed as Dr. McWatt ([he/him/his](#)); however, it is acceptable to use the first names of your teaching assistants. If you have a preferred name or [pronoun](#) that we get wrong, or if we mispronounce your name, please correct us – we want this to be a welcoming and comfortable space for all.

### Email

Emails are permanent professional communications, so be sure to treat them as such! Key components of a professional email include addressing your recipient properly (use their appropriate title and spell their name correctly!), providing a clear and polite request, and signing off with your name and student number. Whenever possible, please use your @uwo.ca email address to avoid spam blocking filters and be sure to note the course code (e.g., KIN 1060, HS 2300, etc.) in the subject line of the email. If you don't hear back from us within 48 weekday hours, please follow up. We do our best to stay on top of communications, but with hundreds of students in the course, this can be tricky at times!

### FAQ

What if I have a question about the course or content?

1. Check the syllabus and OWL Brightspace first – there is likely a note in the syllabus or a course announcement that addresses your question. Plus, this is our contract with you – it should be clear and comprehensive! If your question is not answered somewhere in this document, proceed to the options below.
2. The discussion page on OWL Brightspace is probably the best option for getting an answer fast! The instructors, TAs, and other students can all chime in here. Chances are that if you have a question, someone else does too. Posting the question on the discussions page will allow it to be answered publicly, enabling others to benefit from your curiosity.
- 3.







## How to Succeed in this Course

...and all of your other ones, in fact!

As a university student, you are ultimately responsible for your own learning – but that does not mean you are on your own! There are an incredible number of resources and support available to you throughout your studies. Still, a major hurdle students experience is not knowing how to time manage or study effectively – here are some resources and tips to get you started:

[Check out this helpful guide!](#)

### Studying Effectively:

Tactics like highlighting and re-reading feel productive but are not actually the most effective strategies for long-term knowledge retention. Anatomy is challenging for most students because of the volume of information and the integration required between systems and topics to understand how the body functions as a whole. This is where long-term knowledge retention is critical. A powerful way to study is via a technique called “[Spaced Repetition](#)”, in which you quiz yourself, practice recalling answers, and space out your studying. Here’s how to do it:

- Figure out what to study and when – plan out several smaller sessions across a week instead of one big one. For the biggest advantage, plan to begin reviewing material two days after you’ve learned it. Use your calendar to make a study schedule for the semester!
- Practice recalling information. It may be as simple as covering up text or labels in your notes and trying to remember what was there (e.g., try making practice notes with gaps to write in your answers) or creating flashcards to practice with.
- Do this often, replacing information that you can easily and accurately recall with more challenging or new information as your courses progress.
- The workbook will help with this! You can also use Visible Body to identify structures before selecting them to reveal their names.

For more information on how successive re-learning works and links to additional reliable resources, check out [this Op-ed](#) in the Conversation Canada written by a previous instructor for this course, Dr. Danielle Brewer-Deluce.

### Time Management:

To succeed in university, it is essential to develop strong time management and organization skills. Below is a ‘cookbook’ for creating an effective university lifestyle:

- 1) Pull out your calendar now... right now! Your [Western Office 365 account](#) is a great resource that is easy to integrate with your schoolwork (plus, your professors all use it).
- 2) Make sure you add all of the non-negotiable dates and times (e.g., synchronous lectures and labs, quizzes/exams, due dates, family gatherings, holidays, work commitments, etc.).
  - For important dates/appointments, set reminder emails. For example, two weeks before an essay is due, set a reminder that the deadline is coming.
- 3) Look at each of your courses and identify what tasks you will need to complete weekly. Physically schedule them into blank spaces in your calendar. This should include online course components, quizzes, assignments, and studying time (including the topic).

Around those, schedule in other aspects of your daily life. For example, time for eating and meal prep, sleeping/bedtimes, household chores, workouts, time to spend in nature, hobbies, and interests. It feels silly to lay everything out but once you know how much time you have and develop a plan, you’re far more likely to be successful!

## Course/University Policies

1. The website for Registrarial Services is <http://www.registrar.uwo.ca> . In accordance with policy, the centrally administered e-mail account provided to students will be considered the individual's official university e-mail address. It is the responsibility of the account holder to ensure that e-mail received from the University at his/her official university address is attended to in a timely manner.
2. Academic Offences  
Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, in the Academic Calendar ([westerncalendar.uwo.ca](http://westerncalendar.uwo.ca)).

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Student work is expected to be original. Plagiarism is a serious academic offence and could lead to a zero on the assignment in question, a zero in this course, or your expulsion from the university. You are plagiarizing if you insert a phrase, sentence or paragraph taken directly from another author without acknowledging that the work belongs to him/her. Similarly, you are plagiarizing if you paraphrase or summarize another author's ideas without acknowledging that the ideas belong to someone else. All papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between Western University and Turnitin.com ([www.turnitin.com](http://www.turnitin.com)).

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Without the explicit written permission of the instructor, you may not submit any academic work for which credit has been obtained previously, or for which credit is being sought, in another course or program of study in the University or elsewhere.

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Please contact the course instructor if you require lecture or printed material in an alternate format or if any other arrangements can make this course more accessible to you. Students with ongoing accommodation needs within this course are also encouraged to contact [Accessible Education](#), which provides

7. Grades

Where possible assignment objectives and rubrics will be posted on OWL. Generally, students can expect some form of feedback on their performance in a course before the drop date.

November 12<sup>th</sup>, 2024 (for first term half-courses)

December 2<sup>nd</sup>, 2024 (for full-year courses)

March 7<sup>th</sup>, 2025 (for second term half-courses)

A+ 90-100

A 80-89

B 70-79

C 60-69

D 50-59

F below 50

□ □ " (for example, bumping a 79 to 80%):

This is a practice some students request. The final grade documented is the grade that you have achieved.

There is no rounding to the next grade level, or 'giving away' of marks. Please don't ask me to do this for you; the response will be "please review the course outline where this is presented".

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You have the right to appeal any grade within this course. The grounds for a grade appeal may be one or more of: medical or compassionate circumstances, extenuating circumstances beyond the student's control,